

Altham St. James PE Curriculum Overview

Term	FS/KS1	KS2	
Autumn 1	Fundamental Movement Skills (FMS)/ Game Skills	Invasion Games	
Autumn 2	Fundamental Movement Skills (FMS)/ Game Skills	Net & Wall Games	
Spring 1	Gymnastics - Stability Skills/ Dance	Gymnastic/ Dance	swimming
Spring 2	Net & Wall Skills	Striking and Fielding	swimming
Summer 1	Strike/ Fielding Skills	Athletics	swimming
Summer 2	OAA	OAA	swimming

	Out of School Learning (OSHL)				
	Monday 3:30-4:30	Tuesday 3:30-4:30	Wednesday 3:30-4:30	Thursday 3.30-4.30	Friday 3:30-4:30
After school	Dance	Football		Multi sports	
Lunchtimes	Multi-Skills	Multi-Skills	Multi-Skills	Multi-Skills	Multi-Skills

Lunchtimes- sessions lead by sports leaders and overseen by Miss Baxendale.