

Altham St. James PE Curriculum Overview

Term	FS/KS1	KS2	
Autumn 1	Fundamental Movement Skills (FMS)/ Game Skills	Invasion Games	swimming
Autumn 2	Fundamental Movement Skills (FMS)/ Game Skills	Net & Wall Games	swimming
Spring 1	Gymnastics - Stability Skills/ Dance	Gymnastic/ Dance	swimming
Spring 2	Net & Wall Skills	Striking and Fielding	swimming
Summer 1	Strike/ Fielding Skills	Athletics	
Summer 2	OAA	Athletics/ OAA	

	Out of School Learning (OSHL)				
	Monday 3:30-4:30	Tuesday 3:30-4:30	Wednesday 3:30-4:30	Thursday 3.30-4.30	Friday 3:30-4:30
After school	Sports Club Variety of sports offered in six week blocks	Netball	Football (Yrs.4/5/6)	Football (Yrs. 2 & 3)	Sports Club Variety of sports offered in six week blocks
Lunchtimes	Multi-Skills	Multiskills			Multi-Skills